

## THE MASTER BEDROOM

When working with a client I often like to start in the Master Bedroom. Sounds a kinky huh... definitely not my intention! I believe you need a peaceful place to retreat to. One that doesn't scream "action". No projects allowed in this room, no photos or unfinished scrapbooking pages under the bed, no itchy bitsy teeny weensy bikini shoved in the back of the dresser drawer. I'm not suggesting you create a Zen-like retreat but let's get as close to fabulous as possible!

approx. time for initial project: 2 hours + shopping time  
maintain: every 6 months

You'll need:

- a "to buy" list
- your she-itt kit
- plastic bins with lids
- a decorative box for your keepsakes
- a vision of what you'd like your space to look like~

### PREP

Set up your She-itt kit.

### THE PROCESS

#### 1. TOPS OF YOUR DRESSER.

Beginning left to right or right to left... just be linear about it! Don't get side tracked running about the house returning items to their 'real home'. Remember to use your "Put Away Later" bin.

**What kind of things are you seeing?** Buttons, business cards, and trinkets you don't even love? Get those items into the proper containers or trash.

**Finding keepsakes** that you want to keep but don't want on display? Place them in a container or a fabulous hat box to admire later. Label it. [for example: "Krista's Keepsakes"]

**Outdated photos or frames?** Take the photo out and donate the frame. Place the photos in the "Put Away Later" bin. If you are keeping the photos but need a frame- add Frames to your Shopping List.

#### 2. WHAT'S ON YOUR WALLS?

How are your walls looking? Do you like what's there? Do you like how the wall decor is arranged? Need to add anything to your shopping list?! Take the time to make your walls look fabulous!

#### 3. We ARE going under... UNDER THE BED that is.

Time to pull it ALL out and see what's hiding under there.

**If you are storing projects-** GET THEM OUT! You'll need to find another spot for them. Hopefully you can eek out some room in the garage, a closet or under the guest bed.



**This is an ideal location for out-of-season clothes-** time to go through them and determine if you are REALLY going to wear them. Be honest with yourself because I KNOW and YOU KNOW that you play favorites and can let the 'iffy' items go!

**Under my bed-** garment bags + duffle bags, wrapping paper, and a lost sock or two.

#### 4. THE RANDOM

Yes most all of us have the random items that land in our bedroom. Mine are the kid's toys, kid's clothes to donate, items to be framed. Time to return these items to their rightful homes. Take 5 minutes to do this. Do not get sidetracked!

#### 5. THE DRESSER

It's time to go through your drawers! I find this part to be completely liberating. The first time I tackled this I was able to completely empty out 6 drawers. I moved what clothes were left out of the dresser and into my walk in closet drawers. fyi- I believe that all of our clothes should be in one place/zone hence making getting dressed faster and easier. Here's the skinny on my drawer set up:

1. Top Drawer- sports bras + bathing suits
2. Socks- sport on the left, black on the right
3. Underwear- bras + panties
4. PJ's + lounge wear. Not folded but clean!

You may be wondering what my dresser does in all emptiness- truth is she collects my random projects. Each child has a drawer where I toss in their baby book type keepsakes (*I'm not worried about these projects keeping me awake at night*). One houses my stash of reading (my end table doesn't have any drawers) another the jewelry I don't wear all that often. You'll also find a couple of drawers full of personal trinkets that I'm not quite ready to part with.

**Your Drawers:** When tackling your dresser start at the top drawer and work your way down. Think linear.

- Pull out the entire drawer and place it on your bed.
- Dump it.
- Wipe it out.
- Make Decisions
- Return 'the keepers' to the drawer or pile up on your bed if you are going move them to another location.
  
- Place newly organized + clean drawers back into the dresser.
- Label. This allows for others to put laundry away in the correct spot. A nifty location for the label is on the inside of the drawer where the drawer front attaches to the actual drawer. It's discreet if you prefer not to have labels on the outside.

#### 6. WRAP IT UP

By now you've made a plethora of decisions and may be feeling complete worn out. I hear you!

Admire your work and take 10 minutes to wrap up the project because you aren't done until the "Donation Bin" is out of your room!



## The Wrap Up List

- Make the final decisions on those NEED TO DECIDE items.
- PUT the DONATION items in the trunk
- Take out the TRASH
- RETURN items to their proper homes
- SCHEDULE time to tackle your shopping list!

